My first visit to the dentist

A picture story to read together before the day.



This story belongs to .....

For grown-ups. Read this together a few times in the days before the visit. Every office is a little different, so ask yours what a first visit includes and skip any page that does not fit. The pictures show Wren Creek, a pretend clinic.



1 I am going to visit the dentist. The dentist helps keep my teeth clean and strong.



2 When we arrive, we say hello at the front desk.



3 We might wait for a little while. I can read a book or play.



4 Someone calls my name. We walk to a room with a big chair.



5 **The big chair goes up and down and leans back. I might wear a bib to keep my shirt dry.**



6 **The dentist says hello. The dentist might wear a mask and gloves. That is okay.**



7 I open my mouth wide, like a lion.



8 A tiny mirror helps the dentist see and count my teeth.



9 A soft spinning brush cleans my teeth. It might tickle or feel buzzy.



10 A puff of air and a little water rinse my teeth.



11 If I need a break, I can raise my hand.



12 When we finish, I might choose a sticker. I did it!