My brave visit chart

Name .....



I said hello.



I sat in the big chair.



I opened wide.



I let the mirror count my teeth.



I had my teeth brushed.



I rinsed.

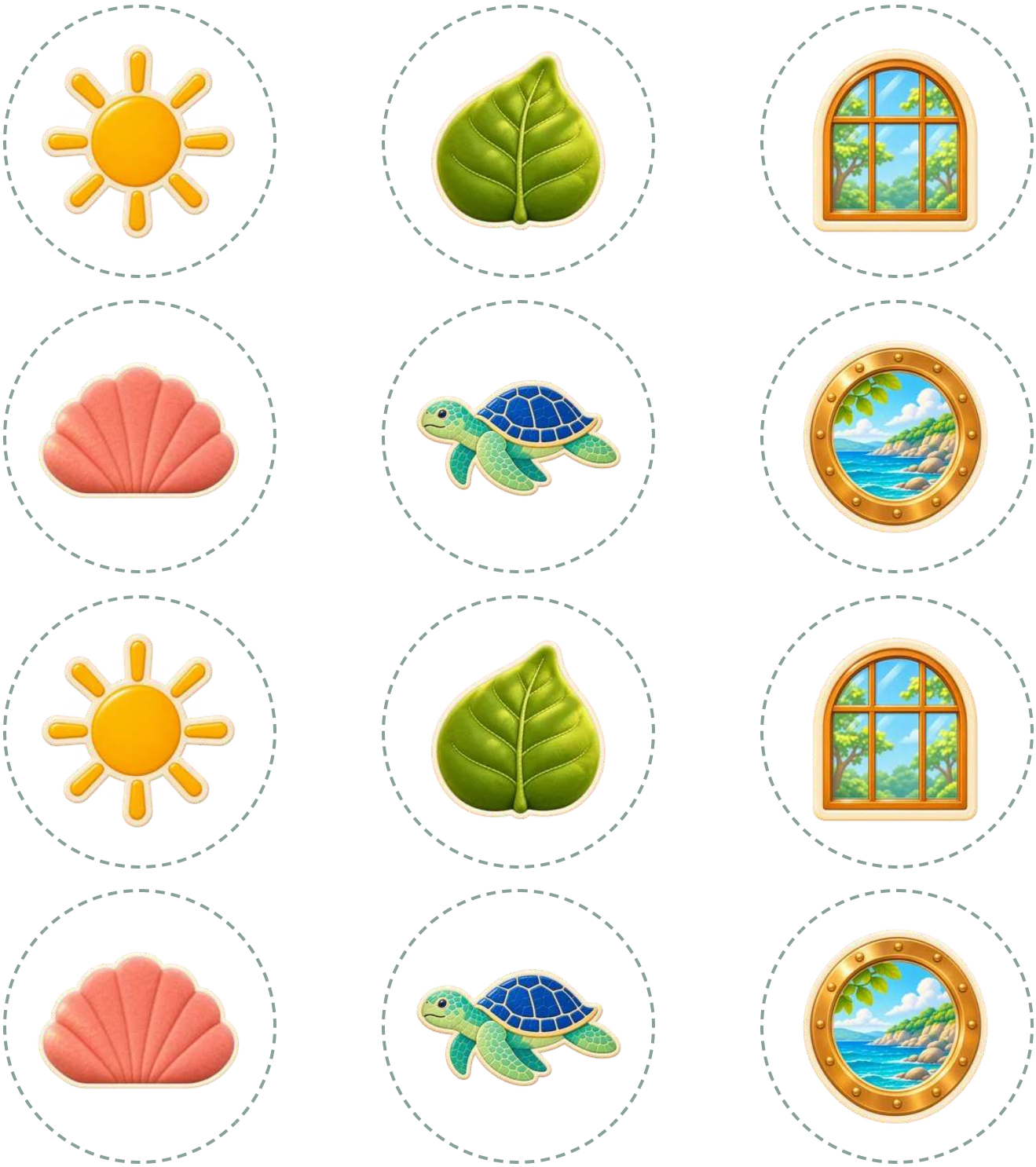


I did it!

Stick or draw a star in a circle for each thing you tried. Trying counts.

Stickers to cut out

Cut along the dotted circles and glue one on the chart for each step, or use your own stickers.



For grown-ups. Praise the trying, not only the finishing. A child who sat in the chair and opened wide has done something hard, even if the visit stopped there.